



CDQAP - WDR General
Order Reference Binder
TAB 14.6 March 2009

Resources for California Farmers Experiencing Stress

Compiled by: California Dairy Quality Assurance Program and
University of California Agriculture and Natural Resources

National Crisis Management Resources

1-800-SUICIDE

1-800-442-HOPE 1-800-442-4673

National Youth Crisis Helpline 1-800-999-9999

Depression is a serious, life-threatening condition that affects an estimated 19 million Americans. For more information on depression:

<http://www.depression.org>

<http://www.nimh.nih.gov/publicat/depression.cfm>

<http://www.ext.colostate.edu/pubs/pubs.html#consumer>

California Crisis Management Resources

Teen Crisis

Statewide toll free crisis line: (800) 852-8336

United Behavioral Health - Access and Crisis Line

(800) 479-3339

County and Private Mental Health Services

Butte County

Adult crisis lines: (800) 334-6622 or (530) 891-2810

Youth crisis lines: (800) 371-4373 or (530) 891-2794

Fresno County

24-hour line: (559) 453-8622

Toll-free Line: (800) 654-3937

Youth Rural Services: (800) 654-3937

Youth Crisis Services: (559) 453-3860

Glenn County

Willows: (530) 934-6582

Orland: (530) 865-6459

Kern County

Crisis line: (661) 868-8000

Toll free: (800) 991-5272

Kings County

Referrals: 877-864-9290

24-hour crisis line: (800) 655-2553

24-hour youth crisis services: 877-895-6884

Lake County

707-263-4338
Crisis line: (800) 900-2075

Madera County

24-hour toll free line: (888) 275-9779
Emergency psychiatric services: (559) 673-3508
Screening and referral for mental health: (559) 675-7850

Merced County

(209) 381-6800
24-hour toll free: (888) 334-0163

Sacramento County

24-hour crisis line: (916) 875-1055
Toll-free: (888) 881-4881

San Joaquin County

24-hour crisis line: (209) 468-8686

Stanislaus County

24-hour, toll-free: (888) 376-6246

Sutter County

24-hour crisis line: (530) 673-8255
Toll Free: (888) 923-3800

Tehama County

(530) 527-5631

Tulare County

Adult Services:

Dinuba	591-5845
North Visalia	737-4350
Porterville	782-4150
Tulare	687-6906
Visalia	733-6880

Children's Services:

Dinuba	591-6680
Porterville	782-4165
Sequoia	594-4969
Tulare	688-2043
Visalia	627-1490

Yolo County

24-hour crisis toll free line: (888) 965-6647

Yuba County

24-hour emergency hotline: (530)749-6471

California Farm Bureau Federation Farm Stress Information

<http://www.cfbf.com/programs/rhs/farmstress.cfm>

Dairy Farmers of America

Member Assistance Program (operated by New Directions Behavioral Health)
(800) 624-5544 or <http://www.ndbh.com>